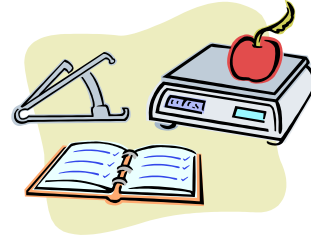


# Materials and Resources

## for Health Professionals

### Kits and Posters

- \_\_\_\_\_ Enriching Family Mealtimes - CD kit
- \_\_\_\_\_ Meet the Power Foods (Nutrition Educator edition)
- \_\_\_\_\_ USDA MyPyramid poster\*\*
- \_\_\_\_\_ USDA MyPyramid for Kids poster
- \_\_\_\_\_ Fight BAC poster (food safety)
- \_\_\_\_\_ USDA *MyPyramid* for Pregnancy (17-511)
- \_\_\_\_\_ USDA *MyPyramid* for Preschoolers (17-510)



### Tear Pads (100 sheets per pad)

- |                                      |                                       |
|--------------------------------------|---------------------------------------|
| _____ MyPyramid tear pad             | _____ Childhood Nutrition tear pad ** |
| _____ MyPyramid for Kids tear pad    | _____ Tween Scene tear pad **         |
| _____ Everyday Hero tear pad         | _____ Eating for Two tear pad **      |
| _____ Relax, Recover, Renew tear pad | _____ Beef Nutrients tear pad **      |
| _____ Fitness Connection tear pad ** |                                       |

**\*\* Also in Spanish**

### Health/Wellness Handouts

- |   |   |
|---|---|
| _____ Meat as First Foods (18-241)                    | _____ 29 Lean Cuts Wallet card                              |
| _____ Protein-Rich Diet (18-235)                      | _____ Nutrient-Rich Meals for Children (17-610)             |
| _____ Fatty Acid Profile (18-216)                     | _____ Not Your Father's Steak (18-246)                      |
| _____ Lean Ground Beef (18-210)                       | _____ Go Lean With Protein (18-243)                         |
| _____ Beef Up with Lean Protein (18-242)              | _____ Delicious Nutrient-Rich Beef (18-244)                 |
| _____ % Children not meeting (18-240)                 | _____ High Quality Protein Promotes Optimal Health (18-262) |
| _____ Safe & Healthy Grilling Tips (18-249)           | _____ Plant vs. Animal Protein Fact sheet (18-312)          |
| _____ Lean Protein-Live Well & Age Vibrantly (18-247) | _____ Anti-Aging Fact sheet (18-311)                        |
| _____ What you Miss Without Meat (18-261)             | _____ Choose Your Calories/29 Lean Cuts (18-213)            |
| _____ Beef Up your Fruits and Veggies (18-260)        | _____ Lean Cuts Advantage/Nutrient Bang (18-223)            |
| _____ Go Lean with Protein (18-248)                   | _____ Popular Beef Cuts (18-224)                            |
| _____ Choose Your Calories (18-245)                   | _____ Father's Steak/29 Lean Cuts (18-227)                  |

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[www.kansasbeef.org](http://www.kansasbeef.org)

### Shipping Address

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